

Synchronized Skating Team Definitions

Requirements for each level of Synchronized Team Skating

Rules for each synchronized team level as per the [U.S. Figure Skating Rulebook](#), Rules 9400-9530. All ages are as of the preceding July 1 competitive season. All team requirements must be met by the close of entries. All teams may have a maximum of four (4) alternates. The definitions below are for the 2022-2023 synchronized skating season.

Aspire Synchro: A team of 5-20 skaters. Skaters must be 13 years and younger (Snowplow Sam Synchro), 16 years or younger (Aspire beginner) or 17 years and younger (Aspire pre-preliminary and Aspire preliminary). No skaters may have passed higher than a preliminary test, depending on level. Please see the [Aspire Synchro page](#) for specific information related to each Aspire Synchro Level.

Preliminary: A team of 8-20 skaters. All skaters must be 13 years and younger. All skaters must have passed the pre-preliminary moves in the field test.

Pre-juvenile: A team of 8-20 skaters. All skaters must be 17 years and younger. All skaters must have passed the pre-preliminary moves in the field test.

Open juvenile: A team of 8-20 skaters. All skaters must be 19 years and younger. No test requirements.

Juvenile: A team of 12-20 skaters. All skaters must be 13 years and younger. All skaters must have passed the juvenile moves in the field test.

Intermediate: A team of 12-20 skaters. All skaters must be 19 years and younger. All skaters must have passed the intermediate moves in the field test.

Novice: A team of 12-20 skaters. All skaters must be 19 years and younger. All skaters must have passed the novice moves in the field test.

Junior*: A team of 12-16 skaters. All skaters must be between 13 years and 19 years. All skaters must have passed junior moves in the field test.

Senior: A team of 16 skaters. All skaters must be at least 15 years old. All skaters must have passed senior moves in the field test.

Collegiate: A team of 12-20 skaters. All skaters must be enrolled in a college or degree program as full-time students and have passed the juvenile moves in the field test.

Open Collegiate: A team of 8-20 skaters. All skaters must be enrolled in a college or degree program as full-time students. No test requirements.

Adult: A team of 12-20 skaters. All skaters must be 18 years or older. All skaters must have passed at least one of the following tests: preliminary moves in the field, adult bronze moves in the field, preliminary figure or preliminary dance.

Open Adult: A team of 8-20 skaters. All skaters must be 18 years or older. No test requirements.

Masters: A team of 12-20 skaters. All skaters must be 25 years or older. No test requirements.

Open Masters: A team of 8-20 skaters. All skaters must be 25 years or older. No test requirements.

*Teams that are competing on behalf of Team USA and/or are in the International Selection Pool (ISP) must follow the ISU requirements for a junior team.

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